BRISTOL CENTRAL HIGH SCHOOL

Mar. 19, 2024

Tuesday - B Day





Pledge of Allegiance



BCHS LUNCH MENU



Cheese Quesadilla, Salsa, Vegetable Fried

Rice, Green Beans





Or Chicken & Veg Dumpling, Orange Sauce, Vegetable Fried Rice, Green Beans

Deli Option Salad Option

BCHS ESports



The Bristol Central ESports team needs one more player to compete in Rocket League! If you would like a chance to compete against other schools please see Mr. Brown (Room 203) or Mr. Rosenkrantz (Room 235) ASAP. You must meet the following qualifications:

- Passing all classes
- 6 Credits on your schedule
- Can compete on Thursdays at 3:00 PM
- Are NOT currently enrolled in a spring sport



WEDNESDAY @ 1:45 IN THE CAFE

ANYONE INTERESTED IN **COACHING OR** PLAYING IN THE **PWFF** VOLLEYBALL **GAMES - THERE** IS AN INFO **MEETING THIS** WEDNESDAY.

BOYS ZND ANNUAL POWDER PUFF VOLLEYBALL...

- ALL GRADE LEVELS WELCOMED
- VB COACHES AND PLAYERS MUST PAY \$5 TO PARTICIPATE
- 2 PRACTICES 3/26 AND 3/28
- GAMES WILL BE 4/1 FROM 6-8PM IN THE BCHS GYM
- SPECTATORS MUST PAY TO WATCH LET THE GAMES BEGIN

JOIN THE GOOGLE CLASSROOM:

Yrafjjh



Girls with Impact (Summer Academy)

- Develop essential business and leadership skills
- Build confidence and resilience
- Access to mentorship and support
- Expand opportunities for future success
- FREE for all students with the below scholarship code.

To register: https://www.girlswithimpact.org/register

Use code: INNOVATE (for free program)

Questions? See Miss Cote in Room 101



To Innovation And Beyond.

Upskill your Summer with the nation's only live, online 5-week Business & Leadership intensive for young women 14 - 24.



Why:

- Connect with peers to learn the basics on how to build and run a business
- Gain the skills, tools, and a network to succeed in school, career and life beyond
- >> Take classes ANYWHERE the beach, in the mountains or simply at home
- Sain invaluable professional skills to boost your resume

What:

- >> Business and leadership classes, through the eyes of an entrepreneur
- Live, online, small classes you choose the day and time!
- Certificate upon completion for school, college applications, or resume
- 5 weeks only, plus continued 1:1 mentoring if desired

Tuition Free Classes Starting July 8 and July 22

(Tuition of \$995 fully waived. Cost to student = \$0)

REGISTER NOW

Free tuition thanks to our partners.
Use code 'INNOVATE' at checkout



programs@girlswithimpact.org



www.girlswithimpact.org/register

GRADES 10 & 11 ONLY Cooperative Work Experience (CWE) Opportunity*



You have the opportunity to take a career preparation course by taking the Cooperative Work Experience class. This class will prepare you for your future career. You also have the ability to earn up to 1.5 credits by completing an unpaid internship during the second semester in the field of your interest (completed during class time).

- Semester 1: 0.5 Credit for Intro to CWE (classroom-based instruction career research, resume writing, cover letters, interviewing skills, employability skills, labor laws, worker safety);
- Semester 2: 0.5 Credit for 50 Internship Hours <u>OR</u>
- Semester 2: 1.0 Credit for 100 Internship Hours

This class can also be used for Mastery Credit Experience for an additional credit.

*You must be 16 by the end of January 2025 to participate in the internship part of the program and must have your own transportation (yourself, your parents/family, etc.)

Have any questions? Email Miss Cote at michellecote@bristolk12.org or stop into Room 101 to see her!

Want to sign up for this class next school year? Email or talk to your guidance counselor today!

Internship Experiences Aerospace Engineering

HVAC Photography Psychology
Occupational Therapy

Animal Rehabilitation Electrician Teaching Project Management Construction

Culinary Graphic Design Architecture
Physician Assistant

Pharmacy
Information Technology/IT

Creative Writing / Theater
Physical Therapy

Environmental Science Engineering

Want to talk to currently enrolled student? See Miss Cote in Room
101

CWE Student Experiences

"I took CWE because I saw it as an opportunity to understand more of what is required and what is expected of an employee and an employer in the workforce. The class helped me understand the rights I have in the workplace and the laws surrounding it."

- Senior, Class of 2022

"CWE is a wonderful class because it is relatively easy (you can get all your work done in class and maintain an easy A), but you get so much out of it information-wise. In the second semester, you either get to work on a very fun internship or get what is basically a quiet and enjoyable study hall (when you're not at your internship). 100% worth taking."

- Junior, Class of 2023

"I took CWE my senior of high school at BCHS. At this time in my life I wasn't quite sure what path I wanted to take yet. I was extremely interested in construction but I wasn't quite sure what field I was going to go into. After having an internship at Memorial Boulevard School with D'Amato and Downes, I gained so much knowledge and clarification on what the field was truly like. I highly recommend taking CWE if you are unsure of what you want to do do and want hands on experience to see what a certain field is all about. In my personal opinion I think that this class should be a required class! It's extremely useful and I enjoyed every second of it!

- Senior, Class of 202

"I took CWE in order to learn how to prepare to get a job and all of the fundamentals and skills needed. I also chose to do the 100 internship hours not only for the credit, but because it gives me a good look into the field of work I want to go into."

- Senior, Class of 2022

STUDENTS!



Did you know we have a closet of donated items including clothing, coats, shoes, prom/formal attire, business attire, accessories and toiletries?

If you are in need of any of these items for any reason, see your school counselor, teacher, or administrator or scan the QR code to request a confidential appointment.

DOUGH Help support us!

Bristol Central High School Class of 2026

March 19, 2024 4:00 pm to 8:00 pm EDT 1214 Farmington Avenue

In Cafe • Drive-Thru • Pick-Up • Delivery

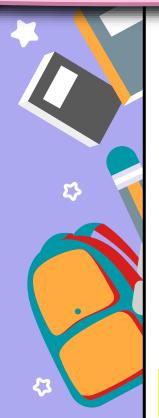
Enter promo code FUND4U at online checkout.

Panera FUNDRAISING





Come teach Spanish to elementary students!!!



Elementary Spanish Club MEETING TUESDAY March 19th 2pm Room 25

PREP FOR FIELD TRIP ON 3/26

Read and Create Club

EVERY TUES.

2:00-3:15

in the Library



Follow us on Instagram: @BCHSREADS





Guitar club will meet Thursday 3/21/24 from 2:00-3:15.



SCHEDULE & INFO.

WEEK OF 3/18 Closures due to SAT testing.

Monday - Tuesday	CLOSED 1/2 & 3/4
Wednesday - Thursday (makeups)	CLOSED 1/2 & 3/4
Friday	OPEN



Week 3
Semifinals!



NUTMEG VOTING IS THE LAST WEEK OF APRIL. THERE'S **PLENTY OF TIME TO READ 1** (OR MORE) AND ENTER OUR **NUTMEG RAFFLE!**















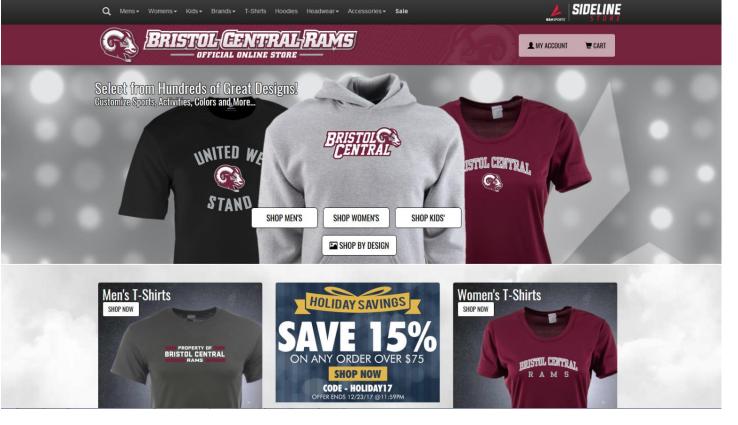


Sports Events

Winter **2023-24**

Wed. Mar. 20

 Winter Sports Awards Night, 6:30 in Auditorium



Be sure to visit BC Rams official online store a link is available on the school's homepage

https://sideline.bsnsports.com/schools/connecticut/bristol/bristol-central-high-

Students



BCHS School Counseling

@BCHS_Guidance

Pete Wininger

@BCHSprincipal

Ram Mountain

@BCRAMMOUNTAIN



Be Creative

Be Conscientious

Be Collaborative

Be Committed

