



BEHS /BCHS September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MENU SUBJECT TO CHANGE	2 No School Labor Day	3 WG Chicken Nuggets w/ BBQ or Sweet n Sour, Oven Fries, Corn & Dinner Roll Or Cheese Quesadilla w/ Salsa & Sour Cream, Oven Fries & Corn	4 LF Mozzarella Sticks w/ Marinara Sauce, WG Pasta Cup & Side Garden Salad Or Crispy Chicken Patty on a WW Bun, Lettuce & Tomato, Oven Fries, Steamed Green Peas	5 Hamburger or Cheeseburger on a WW Bun, Lettuce & Tomato, Oven Fries & Corn Or Taco Triangles w/ Salsa & Sour Cream, Oven Fries, Corn	6 WG Pepperoni Bosco Sticks w/ Sauce or Cheese Pizza, WW Garlic Bread, Side Salad Or WG Mini Pancakes, Chicken Sausage Links, Hash Browns Side Garden Salad	WW= Whole Wheat WG= Whole Grain
Bristol Public Schools Is An Equal Opportunity Employer	9 WG Buffalo Chicken Tenders w/ Dipping Sauce, Oven Fries, Corn & Dinner Roll Or Toasted Cheese Sandwich, Tomato Soup, Oven Fries, Corn	10 LF Macaroni & Cheese, 3 Corn Dog Nuggets, Broccoli Or ALL Beef Hotdog on a WW Bun, Vegetarian Baked Beans, Tater Tots & Mixed Vegetables	11 WG Chicken Teriyaki Dippers, Brown Rice, Steamed Carrots Or Chicken Fajita Grinder, Brown Rice, Green Beans	12 Fresh Baked Buffalo Chicken & Cheddar Sandwich, Oven Fries, Green Beans Or Jamaican Beef Patty, Brown Rice & Beans & Steamed Carrots	13 WG Cheese Pizza or WG Cheese Calzone w/ Sauce, Side Garden Salad Or French Toast Sticks w/ Syrup, Chicken Sausage Links, Hash Brown, Side Garden Salad	
Daily Milk Choices: 0% Chocolate, 0% Strawberry, Skim 1% White & 0% Lactaid	16 Asian Orange Popcorn Chicken, Vegetable Fried Rice, Dinner Roll & Corn Or Chicken & Cheese Quesadilla w/ Salsa & Sour Cream, Vegetable Fried Rice & Corn	17 Pasta w/ Meatballs, WW Garlic Bread, Side Garden Salad, Green Beans Or WG buffalo Chicken Patty on a WW Bun, Lettuce & Tomato, Potato Wedges & Green Beans	18 Chicken Nacho Platter w/ Cheese Sauce, Salas & Sour Cream, Brown Rice, Mixed Vegetables Or Double Stuffed Crust Pizza, Brown Rice, Side Garden Salad	19 Spicy Mac & Cheese w/ Ham & Cheddar Crunch Wrap, Oven Fries, Steamed Carrots Or WG Chicken Patty on a WW Bun, Oven Fries, Steamed Carrots	20 WG Pepperoni Bosco Sticks W/ Sauce or WG Cheese Pizza, Side Garden Salad Or Grilled Chicken Parmesan on a WW Bun, Side Garden Salad, Oven Fries	
	23 WG Chicken Nuggets w/ Dipping Sauce, Oven Fries, Broccoli & Dinner Roll Or Taco Triangles w/ Salsa & Sour Cream, Oven Fries, Broccoli	24 Cheese Burger Bar, Toppings Onions, Peppers, Mushrooms, Jalapeno & Pickles, Oven Fries, Or WG Buffalo Chicken Patty on a WW Bun, Oven Fries, Green Peas	25 Chicken & Waffle Sliders, Potato Wedges, Corn Or Wild Mikes Pizza Bites w/ Marinara Sauce, Potato Wedges, Corn	26 Fresh Baked Meatball Parmesan Sandwich, Oven Fries, Steamed Carrots Or LF Mozzarella Sticks w/ Marinara Sauce, WG Pasta Cup, Steamed Carrots	27 WG Cheese Pizza or Pizza Dunkers w/ Marinara Sauce, Side Garden Salad Or WG Mini Pancakes, Chicken Sausage Links, Hash Browns Side Garden Salad	
	30 WG Chicken Tenders w/ Dipping Sauce, Mashed Potatoes, Dinner Roll & Corn Or Triple Decker Toasted Ham & Cheese Sandwich, Mashed Potatoes & Corn					Prepay Your Child's account at WWW.myschoolbucks.com
						MENU SUBJECT TO CHANGE